

Motivational Student Development Program

Grades 9—12

Streaming to the classroom when you want it!

VOICES

Theme: Responsibility & Encouraging Others

All of us have VOICES telling us negative and positive things about ourselves. Some VOICES tear down, condemn, criticize, and destroy our sense of self-worth. Other VOICES build up, encourage, affirm, and help develop our sense of personal value.

Everyone enjoys hearing an encouraging word. An encouraging word can brighten your day, put a smile on your face, or it can alter your perception of a negative situation. An encouraging word can make you feel better about yourself, motivate you to excel, or give you the courage necessary to persevere and carry on with a difficult task.

VOICES will challenge your students to:

- ◇ Discern between positive and negative VOICES
- ◇ Avoid the pressures to get involved in negative activities
- ◇ Accept your entire self, both the traits you're proud of and those you'd like to improve.
- ◇ Consider how their VOICE can be used to give acceptance and appreciation to others.

VOICES is a motivational school assembly that will encourage your students to develop Inner Confidence needed to avoid the pressure to get involved in destructive activities like, drugs and alcohol.

When you listen to the positive VOICES encouraging you, believing in you, and building you up, that's when you start to feel good about yourself, and that inner confidence shows. People will begin to see that you're not afraid to be who you are, and they'll respect you for it.



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