

Motivational Student Development Program Grades 6—12

Streaming to the classroom when you want it!

STATE OF ME

Theme: Personal Identity—Understanding Others

STATE OF ME There is a lot of pressure out there to look, act, or believe a certain way. We work hard to fit in with those around us but too often we hide who we really are inside to fit in with others on the outside. For too many, the STATE OF ME feels ugly, rejected, and alone. Too many to validate themselves highlight the negatives in others or call out the wrongs in others' beliefs to feel better about themselves. Some feel pressured to use drugs, alcohol or resort to bullying to feel better about themselves. Everyone's dividing into groups and voting out those who don't measure up or fit in. Instead of standing together and using our unique difference to build each other up, those differences are mocked, which builds up wall and drives us further apart.

STATE OF ME will motivate students to consider an alternative to this. Instead of letting our differences divide and separate us, we can work together to build each other up and help each other learn, grow and achieve success. STATE OF ME encourages students to recognize, value, and develop their unique differences. Students will be challenged to go beyond the stereotypes, racism, and prejudices of others and work together to make this world a better place to live.

STATE OF ME will challenge your students to:

- ◆ Evaluate and embrace their own unique talents and abilities.
- ◆ Encourage students to try new things and make new friends.
- ◆ Motivate them to embrace the differences in others and help them feel accepted.

STATE OF ME will help students recognize, embrace, and fire up the possibilities inside them to excel and reach their potential. They will seek to value the differences in those around them. We can let those differences divide and separate us or we can respect each other, work together and use those unique differences to make this world a better place to be.

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