



Two Powerful and Engaging Programs for Parents, Teachers and Students

## Cyber Safety Seminar



**The Cyber Safety Seminar** addresses how the digital revolution is connecting us like never before. We have a tremendous amount of power, opportunity and control at your finger tips each day. Parenting in the Digital World can be challenging. Too many children are struggling to cope with these changes during the years that they are developing self-awareness, social connections and understanding the talents and abilities that make up who they are.

**The Cyber Safety Seminar** is designed to help parents understand these changes and the impact it is having on their children. Tips and tools will be given to help them navigate these years of developing their child to become successful citizens for years to come.

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## Vaping Seminar

**The Vaping Seminar** addresses the dangers of vaping. Parents will be informed on how vaping came to be, why it is enticing to young people, and what they need to know to handle this challenge. Roughly 25% of students have tried vaping with that number being much higher for upper grade students.

**The Vaping Seminar** is designed to help parents understand these changes and the impact it is having on their children. Tips and tools will be given to help them recognize these behavioral cues, and inform them of other harmful addictions that are available to their children. Parents will walk away feeling empowered to help their child make positive choices to shape their futures enabling them to reach their goals.

